



Summer 2023

Fairmead School—Safeguarding Newsletter



Mrs Felstead
*Designated
Safeguarding Lead*



Mrs Barratt
*Deputy Designated
Safeguarding Lead*

Summer has finally arrived!

Dear Parents and Carers,

At Fairmead School, safeguarding and promoting the welfare of children is everyone's responsibility and our top priority. Anyone who comes in to contact with children and their families has a role to play. As part of that, our termly safeguarding newsletter informs you of any recent safeguarding news as well as providing you with key details around a range of safeguarding issues.

With kind regards, Mrs Felstead and Mrs Barratt.

eSafety and online safeguarding questionnaire

The world of technology allows young people to keep in contact with each other when they are not at school or in each other's company. Young people (and sometimes adults) can struggle to communicate in an effective way and can be extremely vulnerable in this online world.

As educators it is part of our curriculum to teach young people about the world of technology and help support them when the decisions they make when using it, both inside and outside of school. As parents it is really important that when allowing young people to use technology outside of school, that this is supported and boundaries are set for your children.

We would be really grateful if you would spend a few minutes completing the attached questionnaire so we can plan how, as a school, we can support families with this.

The results of this will be collected on Tuesday 6th June 2023. The children will be completing a similar questionnaire at school. <https://forms.office.com/e/HUFG6BJEJ8>

NHS - Healthier Families

Are you worried about your family's sugar intake? Concerned about eating well on a budget? Is it hard getting the kids to eat their 5 a day?

Take the NHS short quiz to find out which one of their 8-week email journeys is right for you.

[Healthy Steps - Step this way. \(betterhealth-healthierfamilies.co.uk\)](https://betterhealth-healthierfamilies.co.uk)





Youth vaping

Youth vaping is a trend that has been gradually increasing over the last few years and sadly it has been reported that children as young as 8 years old have been found vaping at schools across the UK.

It also follows worries from healthcare officials that **youth vaping is gradually on the rise in the UK**. Online safety experts have taken a deeper look at youth vaping to provide potential risks and helpful tips for parents, carers, and professionals.

Please find more information here [Youth vaping](#)

Teaching young children about consent

Consent means giving someone a choice about touch or actions and respecting their answer. With children, we often use the language *"asking for permission"*.

Even at a young age, we want to lay the foundation for setting boundaries, making decisions about their bodies, asking for permission, and responding appropriately when someone says 'no' to them. Besides consent, kids need to learn that they can set boundaries and limits on when and how their bodies are touched and by whom. Conversations around consent should be ongoing. Here's how you can incorporate consent into everyday conversations with your child.

Some ways to ask your child for consent: *"Do you want a hug goodbye today? We could also wave or high five"*.

Ways to teach your child to ask for consent with other children: *"Do you want to hold hands when we walk to lunch?"*.

For more information please see: <https://www.safesecurekids.org/teaching-consent>



Links to resources & tools:

[Safer internet - Parents & carers resources](#)

[National online safety - guides to apps](#)

[Internet Matters](#)

[thinkuknow - help for parents & carers](#)

[NSPCC - online-safety & online-wellbeing](#)

<https://www.ceop.police.uk/Safety-Centre/>

To report a Safeguarding Concern:



Please call the **School Office** on **01935 421295** and ask to speak to a Safeguarding Lead. If it is **outside of school hours (8am-4pm)** please call Mrs Felstead on **07860 912587** or Mrs Barratt on **07592 504653**.

You can also email: safeguarding@fairmeadschool.com

To report an urgent Safeguarding concern where the young person is at risk of harm:

Please call the **Police** on **999** or

Somerset Children: Children's Social Care (Somerset Direct) on **0300 123 2224**. For an out of hours service please call the **Emergency Duty Team** on **0300 123 2327**.

Dorset Children: Children's Social Care **01305 228866**.